

Gesundheit!

Bringing Good Health to You, the Medical System, and Joy Through Physical and Mental Therapies

By Patch Adams, Maureen Mylander

Preview

Overview

About this edition

ISBN: 9781620101620
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Contributor: Maureen Mylander

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The inspiring and hilarious story of how Patch Adams and his colleagues transform the way doctors think and practice medicine.

Tells the story of Patch Adams' life and work.

Released as a film from the same publisher.

Meet Patch Adams, M.D., a social revolutionary whose medical career has been devoted to giving away health care-one of the most expensive things in America-for free. In 1971, Adams and a few colleagues founded the Gesundheit Institute in northern West Virginia. During the next twelve years, they ...

Source: Publisher

youth. We decided to be close so that whatever else changed, we would always have each other.

Soon after that last science fair, my father died suddenly. I was sixteen; it happened right after I had spent a week alone with him. My mother and brother had been away, I had just started my first job, and he suddenly asked me to take several days off work. I'm sure that psychics would say that he had some premonition he was going to die and that this awareness made him bare his soul to me in a way he never had before. While I was growing up, he was away most of the time and generally just sat in a chair and drank when he was home. Whenever we asked him about the wars he'd fought in, he would start to cry.

But during that week we spent together, he told me how World War II and the Korean War had destroyed his spirit. Today it's called post-traumatic stress syndrome, a condition that went totally unrecognized and uncared for in those and previous wars. The Korean War was far more devastating to him than World War II because issues of right and wrong were not as clear in Korea. Even worse, his best friend had buried a grenade in his own stomach to save my father's life. My dad felt guilty about that and about never having been wounded. But the greatest guilt of all involved his family: he apologized to me for not having been a good father.

Just as I finally became friends with my dad, I lost him. He had come home from World War II with undetected heart disease and high blood pressure. At the end of that week in 1961 when we finally connected as father and son, he suffered a heart attack. Soon after the ambulance took him away, we called the hospital for news of him. He died within half an hour, with no family around him and no chance to say good-bye. To this day, I feel angry and cheated that I was not with him.

The three years that followed were the most tumultuous of my life. My mother, my brother, and I were uprooted from Germany, our home of seven years, and catapulted into the civilian life of suburban northern Virginia, my mother's home. We lived with my aunt and uncle for several months before settling into a place of our own. My uncle was a wonderful man, a lawyer and an independent

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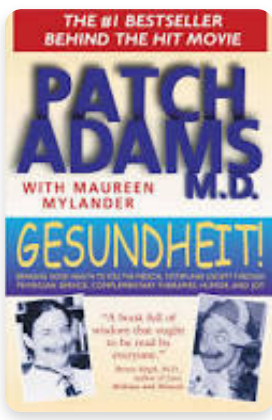
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This audio book claims to be "the #1 Best Seller that the motion picture was based on" but its far from that. The whole movie is based almost solely on the books Prologue. The rest of the book is much more in depth telling of how Adams' anarchistic one on one relationship based approach to medici... [More](#)

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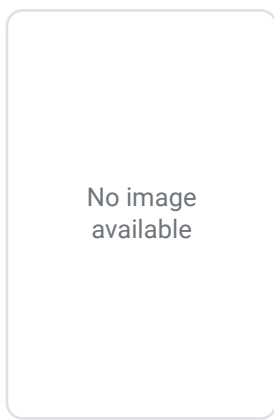
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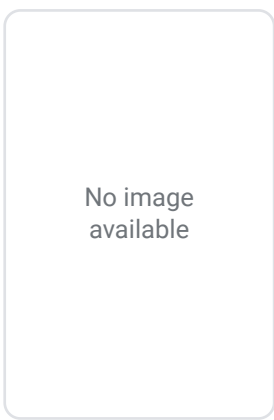
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